

January 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
All events take place at Akshobya Kadampa Buddhist Centre, 2120 Kensington Rd. Suite 208, unless otherwise indicated. See www.meditationAlberta.org or call us at 403 454 7595 for details and inquiries.					1 New Year's Eve with Arya Tara at the Akshobya KBC Residence	
2 Holiday	3 WFJ/tzog 7pm	4 WFJ- 6pm	5 WFJ- 6pm	6 HJ- 12 noon	7 Vajrayogini Retreat for HYT practitioners only	
9 HJ- 10am GP Drop-in AKBC 7-9pm	10 OSG/Tzog 7pm Vajrayogini Day	11 WFJ- 6pm	12 WFJ- 6pm	13 Western Canada Dharma Celebration with Medicine Buddha Empowerment begins with Public talk w/Gen-la Dekyong on Thursday and ends at 12.30pm on Sunday		
16 HJ- 10am GP Drop-in AKBC 7-9pm	17 WFJ 5.45pm FP and TTP 7 - 9.30pm	18 WFJ/tzog 7pm	19 WFJ- 6pm GP class Haysboro 7.30-9pm GP Lethbridge 7pm	20 HJ- 12 noon	21 Heruka Retreat for HYT practitioners only	
23 HJ- 10am GP Drop-in AKBC 7-9pm	24 WFJ 5.45pm FP and TTP 7 - 9.30pm	25 OSG/Tzog 7pm Heruka Day	26 WFJ- 6pm GP class Haysboro 7.30-9pm	27 HJ- 12 noon	28 DY – 8am Healing Ourselves and Others Day course on Taking and Giving 10.30am-5pm	29 PWP 11am – 12 Kangso 5 pm
30 HJ- 10am GP Drop-in AKBC 7-9pm	31 WFJ 5.45pm FP and TTP 7 - 9.30pm	<i>GREEN – drop-in classes for everyone PWP = Prayers for World Peace –prayer, meditation and teaching for everyone</i>	<i>ORANGE – chanted prayers open to everyone HJ and WFJ – Heart Jewel & Wishfulfilling Jewel are Kadampa heart practices with meditations on Lamrim – 1 hour</i>	<i>OSG – Offering to the Spiritual Guide -2 hours Kangso – Extensive prayers and requests to the Dharma Protectors 3.5 hours “w/Tzog” –bring a pure food offering</i>	<i>Tara Prayers –prayers and Requests to the Buddha Tara – 40min. Foundation Program Teachers Training Program - classes only for registered students</i>	<i>RED – chanted prayers only for those with HYT Empowerment QP –Quick Path to Great Bliss DY – Dakini Yoga</i>

February 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 WFJ - 6pm GP Red Deer 7pm	2 WFJ - 6pm GP class Haysboro 7.30-9pm	3 WFJ/ Tsog 7pm	4 DY -8am <div style="border: 1px solid black; background-color: #c8e6c9; padding: 5px; text-align: center;"> Training in Concentration Weekend Course Saturday - 11am-1pm, 3-5pm Sunday - 9-10am, 2-5pm </div>	5 PWP 11am – 12
6 HJ- 10am GP Drop-in AKBC 7-9pm	7 WFJ 5.45pm FP and TTP 7 - 9.30pm	8 WFJ - 6pm Tara Prayers 7pm GP Red Deer 7pm	9 WFJ - 6pm GP class Haysboro 7.30-9pm GP Lethbridge 7pm	10 OSG/ Tsog 7pm	11 QP-8am <div style="border: 1px solid black; padding: 5px; text-align: center;"> Dharma for Kids </div>	12 PWP 11am – 12 Teaching Skills 5pm
13 HJ- 10am GP Drop-in AKBC 7-9pm	14 WFJ 5.45pm FP and TTP 7 - 9.30pm	15 Precepts –7.15am (Purification Practice) WFJ - 6pm GP Red Deer 7pm	16 WFJ - 6pm GP class Haysboro 7.30-9pm	17 WFJ/ Tsog 7pm	18 <div style="border: 1px solid black; background-color: #e67e22; color: white; padding: 5px; text-align: center;"> Dorje Shugden Blessing Empowerment at AKBC </div> WFJ/ Tsog 7pm	19 PWP 11am – 12 HYT teaching 5pm
20 HJ- 10am GP Drop-in AKBC 7-9pm	21 WFJ 5.45pm FP and TTP 7 - 9.30pm	22 WFJ - 6pm Bowden	23 WFJ - 6pm GP class Haysboro 7.30-9pm GP Lethbridge 7pm	24 HJ - 12 noon	25 DY -8am <div style="border: 1px solid black; padding: 5px; text-align: center;"> Half day course </div> OSG/ Tsog 11am or 7pm ?	26 PWP 11am – 12 HYT teaching 5pm
27 HJ- 10am GP Drop-in AKBC 7-9pm	28 Kangso 6.30pm	29 WFJ - 6pm GP Red Deer 7pm				